

FOREVER

iGO

NAVODILA ZA
UPORABO

Pametna ura
JW-100

(dolga verzija)



Zahvaljujemo se vam za nakup izdelka znamke Forever. Pred uporabo preberite ta priročnik z navodili in ga shranite za poznejšo uporabo. Naprave ne odpirajte sami - popravila naj izvaja serviser. Uporabljajte samo originalne dele in pribor, ki jih dobavi proizvajalec. Upamo, da bo Forever izpolnil vaša pričakovanja.

Opis

1. Gumb na dotik
2. Zaslona

Osnovne specifikacije

Vodotesnost: IP68

Kapaciteta baterije: 160mAh

Bluetooth: 4.0

Čas polnjenja: 2 uri

Delovna temperatura: od -10°C do 50°C

VARNOSTNE OPOMBE:

- *Izogibajte se udarcem med napravo in trdimi predmeti, saj lahko to škoduje napravi*
- *Izogibajte se stiku naprave s topili ali drugimi kemikalijami*
- *Hranite ločeno od močnih magnetnih polj*
- *Izogibajte se stiku pametne ure z vodo, če temperatura vode presega 35 °C*
- *Naprave ne popravljajte sami*
- *Ne mečite ga v ogenj, obstaja nevarnost eksplozije*

Prvo polnjenje in vklop

Ko napravo uporabljate prvič, jo vzemite iz embalaže in jo napolnite s priloženim polnilnim kablom. Naprava se bo samodejno vklopila po zaključku polnjenja. Datum in čas naprave se samodejno sinhronizirata in nastavita po vzpostavitvi povezave z namensko aplikacijo prek Bluetootha. Jezik naprave se samodejno prilagodi jeziku, ki je nastavljen v telefonu. Če želite aktivirati pametno uro, ne da bi jo priključili na polnilnik, pritisnite in držite tipko na dotik pod zaslonom 3 sekunde.

Polnjenje

Pametno uro postavite v poseben nosilec tako, da med seboj povežete polnilne priključke, nato pa kabel USB priključite na vir napajanja.

Po končanem polnjenju pametno uro vzemite iz nosilca in jo odklopite z vira napajanja.

Vklop / Izklo pametne ure

Vklop: Pritisnite in držite "gumb na dotik", dokler se pametna ura ne vklopi.

Izklop: Pojdite na zavihek, označen s simbolom v meniju pametne ure, in pridržite gumb na dotik, da izklopite napravo.

Namestitev aplikacije "Forever GoFit"

Poiščite aplikacijo z imenom »Forever GoFit« v Googlu Play ali App Store in jo namestite.

OPOMBA: Operacijski sistem telefona mora imeti naslednje minimalne specifikacije za zagon aplikacije in podporo pametni uri: Android 5.0 ali novejši / iOS 10.0 ali novejši

Povezovanje pametne ure s telefonom

1. V telefonu aktivirajte Bluetooth povezavo.

OPOMBA: Če želite uporabljati vse funkcije aplikacije in pametne ure, med prvim zagonom aplikaciji dovolite dostop do vseh zahtevanih funkcij, nato pa aktivirajte tudi dostop do obvestil.

2. V telefonu aktivirajte "Forever GoFit". Za nite uporabljati aplikacijo kot »Gost«, tako da kliknete zgornji desni del zaslona ali izberite »Registracija« in sledite spodnjim korakom:

- vnesite e-poštni naslov, ki ga želite uporabiti za ustvarjanje računa
- pritisnite gumb (pridobite preverjanje)
- na vaš e-poštni naslov bo poslana koda za preverjanje, ki jo morate vnesti v navedeno polje
- vnesite in zapomnite si svoje uporabniško geslo

3. Po prijavi v aplikacijo boste videli glavni zaslon, na katerem bi morali klikniti gumb  ali izbrati meni  v zgornjem levem kotu.

4. Izberite model pametne ure, s katerim se želite povezati, tako da kliknete njeno sliko:

SL



5. Confirm the selected model by clicking "YES". If a wrong model has been selected, click "NO" and select the correct one.

6. Select "JW-100" model from the list of devices and confirm connection by pressing "YES". The connection will be established within several seconds and all data will be automatically synchronized. If the automatic synchronization won't start, select button in the lower right corner of the screen to perform manual synchronization.

Description of the application

User's profile information

After correct logging in and carrying out synchronization, press the menu button in the upper left corner, and then click the user name to enter the profile setting. Here, check whether all the data is correct. Providing actual data is necessary for correct operation of the algorithm that calculates your steps, calories and covered distance with the highest possible accuracy.

Description of the main panel



1. Menu button

Expands the user's panel that allows to carry out settings described in subsection 1.1



1.1.1. User's information

Click it to change settings, such as: profile photo, user name, sex, date of birth, height, weight, change password

1.1.2. Settings and functions of the device

Access to extended information, settings and functions of the smartwatch, such as: information regarding the date of last synchronization, information regarding the current version of the software, information regarding MAC number of the device, remote camera, alarm clock, schedule, notification regarding lack of exercise, do not disturb mode, automatic backlight of the screen via wrist movement, daily heart rate monitoring, time display system, notifications from the application, settings reset, disconnection of the smartwatch and the application

1.1.3. Measurement units

Select the units of measurements you want to receive

1.1.4. Temperature

Select the temperature units used to show the current weather

on the main screen

1.1.5. Find the smartwatch

Click to call the smartwatch, which will start to vibrate in order to notify you about its current location

1.1.6. Connection with Google and Facebook accounts

Connect the application with Google or Facebook account to enable sharing data gathered in the application

1.1.7. Logout

Click to logout from the currently used application account

1.1.8. Strava

It allows to connect with an account in Strava application and send information to the account from the smartwatch

1.1.9. Privacy policy

Read the privacy policy and accept it in order to protect your data

1.1.10. Update

Check if the smartwatch has the latest version of the software. If not, update you smartwatch to fully use all available functions.

1.1.11. FAQ

Most frequently asked questions and answers

1.1.12. Application information

Shows the current application version.

2. Number of steps

Shows the number of steps taken in a given day and the degree of completion of an assumed goal. Click to go to more detailed data or check its history.

3. Weekly trainings

Shows detailed data regarding trainings, broken down into particular weeks.

4. Heart rate monitor

Readout of daily heart rate measurement and the dynamic heart rate. The daily heart rate section is responsible for periodic measurements of the heart rate during the whole day. The smartwatch carries out auto-

matic measurements after the user activates the function in the device settings.

5. Sleep monitoring

To carry out a measurement or sleep analysis, wear the smartwatch for the entire night. The device will prepare a sleep schedule based on the user's motions during sleep.

6. GPS sport mode

Measurement of the selected sports discipline, including recording of the route using the smartphone's built-in GPS module. Click the icon to go to the map, select the sport, and then press start to begin measurements.

7. Weather

Current weather in a given town

8. Calories, Distance, Exercise Time


Data collected from particular measurements from a given day. After clicking the requested measurement, we go to its history.






9. Activity




Shows activity during a given day, broken down into hours.




The smartwatch interface description

NOTE: Press the touch button one time to move between particular screens of the interface. In order to select a given function or confirm, press and hold the touch button for 3 seconds.

<p>Smartwatch faces</p>	 <p>Select one of four available smartwatch faces. Press and hold the touch button for 3 seconds to change the face.</p>
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<p>Activity</p> 	<p>The number of steps, burnt calories and the covered distance in a given day.</p>
<p>Heart rate monitor</p> 	<p>Real-time heart rate measurement. Press and hold the touch button to start the measurement. The smartwatch must be placed on the user's wrist and fitted well using the adjustable strap.</p>
<p>Weather</p> 	<p>Weather forecast for today and tomorrow. To correctly display the weather information, connect with the application and carry out data synchronization. The application must have access to the smartphone location.</p>
<p>Messages</p> 	<p>Readout of received messages. To allow correct operation of the function, synchronize the smartwatch with the application. The application must have access to notifications, and notifications from applications, from which we want to receive messages, must be activated.</p>
<p>Sleep</p> 	<p>Shows the sleep time from last night. Synchronization of data allows access to more detailed data in the application.</p>

<p>Music</p> 	<p>Control of music played in the smartphone using the smartwatch. Press and hold the touch button to activate the control panel. Next, by pressing the touch button once, select the back, play/stop, next or exit button. To confirm, press and hold the touch button again. To ensure correct operation of the function, the application must have access to multimedia.</p>
<p>Game</p> 	<p>Basketball game is a simple arcade game. Its purpose is to achieve the highest possible score. To activate the game, press and hold the touch button for 3 seconds. The game will be automatically launched. Throws accuracy bar and a moving indicator will be visible in the bottom of the screen. To perform a successful throw, press the button once when the indicator is located within the red field of the accuracy bar. If you stop the indicator in the yellow field, you will miss the target. To exit the game, press and hold the touch button for 3 seconds, and do that again when "turn off?" message appears. If you press the button once after the message appears, you will return to the game.</p>
<p>Sports mode</p> 	<p>The sports mode allows to carry out measurements of one of the available sports. Press and hold the touch button for 3 seconds, and then select one of the following sports by pressing the button once: Walking, Jogging, Climbing, Bicycle, Swimming. Confirm the selection by holding the button again. The smartwatch will indicate start of the measurement via short vibration and start a countdown. To stop the measurement, press and hold the touch button again.</p>

<p>Stopwatch</p> 	<p>This function allows to perform time measurements. Press and hold the touch button to confirm selection of this function. Pressing the button once will start or stop the countdown. To reset and turn the stopwatch off, press and hold the touch button.</p>
<p>Brightness</p> 	<p>Display brightness adjustment. Note: the degree of brightness of the display has a large impact on the working time of the smartwatch on a single battery charge cycle</p>
<p>Turn off</p> 	<p>Holding the touch button on this screen will turn the smartwatch off.</p>

TelForceOne S.A. declares that the product is compatible with requirements and other relevant provisions of the 2014/53/UE directive. You can download the declaration of product on website <https://sklep.telforceone.pl/en-gb/>

www.forever.eu



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